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Continuing Nursing Education  
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SAINT ANSELM  
COLLEGE

CONTINUING NURSING EDUCATION



## *Mindful Leadership*

**Tuesday, March 27, 2018**

**8:30 am – 3 pm**

Gadbois Hall, Saint Anselm College

Contact Hours: 5      Fee: \$109

**Faculty: Annabel Beerel, PhD, MBA**

New England Women's Leadership Institute, Natick, MA

*This program will explore how mindfulness and meditation enhances leadership effectiveness in many dimensions. Participants will gain new insights into the role of leadership and practical strategies for including mindfulness and meditation as part of their skill set.*



Saint Anselm College Continuing  
Nursing Education is accredited  
as a provider of continuing nursing  
education by the American  
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### *Mindful Leadership*

*Tuesday, March 27, 2018*

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