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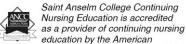
Continuing Nursing Education 100 Saint Anselm Drive Manchester, NH 03102-1310

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CONTINUING NURSING EDUCATION





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Continuing Nursing Education 100 Saint Anselm Drive #1745 Manchester, NH 03102-1310

FAX: 603 641-7089

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Mindful Leadership

Tuesday, March 27, 2018 8:30 am – 3 pm

Gadbois Hall, Saint Anselm College Contact Hours: 5 Fee: \$109

Faculty: Annabel Beerel, PhD, MBA

New England Women's Leadership Institute, Natick, MA

This program will explore how mindfulness and meditation enhances leadership effectiveness in many dimensions. Participants will gain new insights into the role of leadership and practical strategies for including mindfulness and meditation as part of their skill set.

Register Online

Mindful Leadership		Tuesday, March 27, 2018
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